What is the Vermont Continence Project?

The Vermont Continence Project promotes positive, person-centered, science-driven toileting & continence supports for Vermont’s children and youth.

We help improve incontinence care and toilet teaching regardless of disability or health status.

The Vermont Continence Project receives funding support from the Vermont Child Health Improvement Program (VCHIP), through the University of Vermont Medical Center, as well as the UVM Center on Disability & Community Inclusion (CDCI).

CONSULTING:
- Consults on toileting and continence-related skills for any Vermonter under 22 years old.
- Workshops and trainings statewide to empower professionals and families who are supporting continence and toileting-related skills.

TRAINING:
- We can offer trainings to anyone interested in learning more about continence, including:
  - Better Toilet Training: Getting Started and Overcoming Challenges
  - How to Communicate for Toilet Success
  - other child or team related topics

HOW IT WORKS:

We work with the team of the referred child or youth to make a plan and carry it out.

We do not work directly with the referred person, only with the adults supporting them.

We provide consultation and training both in-person and virtually.

We also provide video and research resources, as well as quarterly online discussion groups.

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Our consultation and training is free of charge.

go.uvm.edu/continence